



FULL CLASS SCHEDULE

ALLIANCE JIU JITSU | KELLER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00		All Levels		All Levels		
7:00	All Levels		All Levels		All Levels	
9:45						Little Eagles
10:30						Youth Comp Team
10:30	Youth / Warrior	Baby Eagle	Youth / Warrior	Baby Eagle		Warrior/Youth I
11:30						Fundamentals
12:00	Fundamentals	Intermediate	Fundamentals	Intermediate		
4:45	Baby Eagle		Baby Eagle			
5:15	Warrior/Youth I	Youth / Warrior II No-Gi	Warrior/Youth I	Youth / Warrior II		
5:30		Little Eagle		Little Eagle		
5:30	Youth / Warrior II	Youth/Warrior I	Youth / Warrior II	Youth / Warrior I	Youth/Warrior II No-Gi	
6:25	Fundamentals	Fundamentals	Fundamentals	Fundamentals	Advanced	
6:35	Intermediate	Intermediate	Intermediate	Intermediate		
6:45	Advanced	Intermediate		Advanced	Open Mat @ 7:00	
Class Guide	ADULTS	Gi classes: Black		No-Gi classes: Red		
	Youth Level I & II	Baby Eagles: Age 3-4 yr		Little Eagles: 5-6 yr		Eagle Warrior: 7-11 yr Eagle Youth: 12-15 yr



YOUTH CLASS SCHEDULE

ALLIANCE JIU JITSU | KELLER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:45 AM						Little Eagle FM
10:30 AM	Youth / Warrior FM		Youth / Warrior FM		Youth / Warrior No-Gi FM	CT FM
10:30 AM		Baby Eagle FM		Baby Eagle FM		Youth / Warrior I WM
4:45 PM	Baby Eagle FM		Baby Eagle FM			
5:15 PM	Youth / Warrior I WM	Youth / Warrior II No-Gi GM	Youth / Warrior I WM	Youth / Warrior II GM		
5:30 PM		Little Eagle FM		Little Eagle FM		
5:30 PM	Youth / Warrior II FM	Youth Warrior I WM	Youth / Warrior II FM	Youth Warrior I WM	Youth / Warrior II No-Gi FM	

Age Groups:	Baby Eagle: Ages 3 - 4 yrs	Little Eagle: Ages 5 - 6 yrs	Eagle Warrior: Ages 7 - 11 yrs	Eagle Youth: Ages 12 - 15 yrs
Mat Area Guide:	Front Mat = FM	Wave Mat = WM	Goal Mat = GM	
Skill Levels:	Level I = White belt	Level II = Gray Belt +	CT = Competition Team	



ADULT CLASS SCHEDULE

ALLIANCE JIU JITSU | KELLER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM		All Levels No-Gi		All Levels Gi		
7:00 AM	All Levels Gi		All Levels Gi		All Levels No-Gi	
11:30 AM						Fundamental Gi
12:00 PM	Fundamental Gi	Intermediate Gi	Fundamental Gi	Intermediate No-Gi		
6:25 PM	Fundamental Gi	Fundamental Gi	Fundamental Gi	Fundamental Gi	Advanced No-Gi	
6:35 PM	Intermediate Gi	Intermediate Gi	Intermediate Gi	Intermediate Gi		
6:45 PM	Advanced No-Gi	Intermediate No-Gi		Advanced Gi	Open Mat @7:15	
Mat Guide	FRONT MAT: GREEN		WAVE MAT: BLUE		GOAL MAT: RED	